

Sonnet Scroll

So Here We Go By David Landon

My body takes a walk, and takes me too,
and with us goes our newly minted brain,
its tiny, tiny, billion bits of thought,
each bit alert to being here: the deft
impresure of the foot on earth, the lift;
the sky, its soft invasion of the eyes;
the flow, and play, and flourish of the world.

The body also has a tongue, the core
of sentience its needs, the brain its words,
and since the speaking muscles love to work,
let's try some adjectives for this day's light:
exuberant, ebullient, profound,
astonishing, irradiant, intense.
And how about an exclamation? Yes!